

The Forum Tune-Up

Re-set. Re-energize. Re-define.

with Life Coach & CFF, Nina Urman

If any of these statements ring true, it is time for a forum tune-up, or Supercharge!



“We haven’t seen each other for a while due to Covid and time challenges. We are looking to re-energize our forum.”

“I love my forum experience, but I wish we could go to the next level in our sharing.”

“We have fallen out of the practice of the 4-step exploration format.”

“Our meetings have become less structured.”

“Our forum vision and norms need some updating.”

This is a day-long session to bring your forum back on track & recall best practices, the tools and principles of successful forums and to enhance the value of your personal YPO forum journey.

As a Certified Forum Facilitator, I train YPO members and support forums all around the world to go to the next level.

So if you feel like your forum has reached a plateau, is a bit stuck, uninspired, or tired and needs a bit more energy, I am here for you.

- Reset & recalibrate your forum mission & purpose
- Deeply connect with your forum and go to the next level of communication and sharing
- Find peace and serenity through powerful energy exercises and mindfulness practices

You will leave this forum tune-up:

- Clear & confident and connected.
 - Inspired & invigorated and energized
-

www.ninaurman.com



“My work is grounded and rational, as well as spiritual and transformative. I seek to guide you towards your inner wholeness and am committed to helping you create a conscious and fulfilled life on ALL levels!”

Nina Urman

A Certified Professional Life Coach with a master’s degree in Finance & International Relations from Sciences Po (Paris) & MGIMO (Moscow), Nina has spent more than a decade honing her craft as a coach & facilitator, working with top-tier executives, CEOs, leadership teams and board members.

Nina is also a Russian-German former professional tennis player and is based in Paris where she lives with her husband and their 7 children.

She has worked across over 30 countries and with more than 2000 individuals, with one clear aim: to raise the level of awareness and holistically elevate their life experience.

Nina’s work includes facilitating Executive Retreats, Forums, Supercharges and Deep Dives that help to enhance personal development in community settings.